

NAS OCEANA/DAM NECK ANNEX

FOODS WITH *Flair*

COOKING CLASSES

6 - 9 P.M.

Classes will be held at

Casual Gourmet by Culinary Institute of Virginia
Norfolk Campus, 2428 Almeda Avenue, Suite 106



SATURDAY, OCTOBER 5
Cooking with Beer

SATURDAY, NOVEMBER 16
World of BBQ



SATURDAY, DECEMBER 14
Mexican Fiesta



E-1 to E-6:
\$10 per class

All others:
\$20 per class

SEE MENUS ON REVERSE SIDE →

CALL 757-492-6806 TO REGISTER. SPACE IS LIMITED, SIGN UP EARLY!

A shuttle will be provided to and from the class from Dam Neck Annex. Shuttle will depart at 5 p.m.

Open to active duty, Reservists, retirees, DoD civilians & eligible family members ages 18 and older.

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757-492-6806

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FOODS WITH *Flair* COOKING CLASS MENUS

SATURDAY, OCTOBER 5, 2019, 6 – 9 P.M.

COOKING WITH BEER*

Appetizer

Homemade Pretzels with Beer Cheese Beer Dip

Entrée/Sides

Beer Braised Chicken with Pearl Onions, Grape Tomatoes & Asparagus

Beer Battered Fish & Onion Rings

Warm Potato Salad with Beer & Bacon Dressing

Dessert

Guinness Ice Cream

Beverage Service

Water, Iced Tea, Coffee



SATURDAY, NOVEMBER 16, 2019, 6 – 9 P.M.

WORLD OF BBQ

Jamaica: Jerk Chicken with Mango Chutney

Turkey: Lamb Shish Kebab with Pita Bread and Tzatziki Sauce

Korea: Korean Barbecued Beef Lettuce Cups

Mexico: Sweet & Spicy Grilled Shrimp with Charred Onion and Jalapeño Guacamole

Dessert

Grilled Pineapple Sorbet

Beverage Service

Water, Iced Tea, Coffee



SATURDAY, DECEMBER 14, 2019, 6 – 9 P.M.

MEXICAN FIESTA

Appetizer

Sopa de Fideo (Mexican Noodle Soup)

Entrée/Sides

Taqueria Style Tacos Carne Asada

Fajitas de Pescado (Fish Fajitas)

Fresh Corn Tortillas

Spanish Rice

Dessert

Mexican Hot Chocolate Brownies

Beverage Service

Water, Iced Tea, Coffee



*All beer on the food will be cooked out during the cooking process, open to ages 18 and older.

Participants will get packets with all of the recipes for each evening's menu as well as keepsake Casual Gourmet aprons.

Please be sure to let us know if anyone in your party has food allergies/sensitivities.